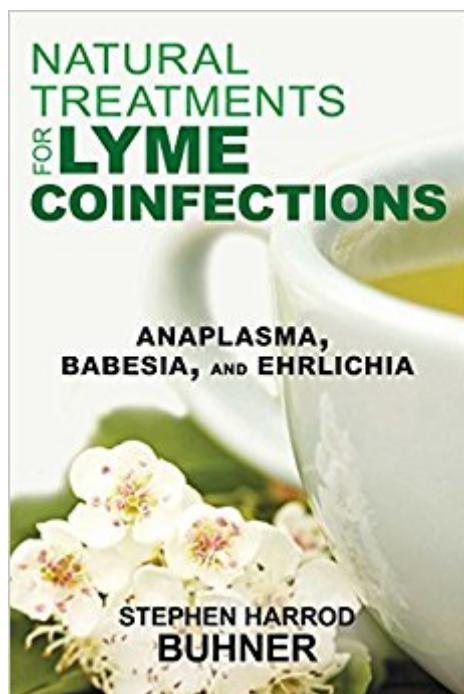


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# Natural Treatments For Lyme Cointections: Anaplasma, Babesia, And Ehrlichia



## Synopsis

A guide to the natural treatment of three coinfections of Lyme disease—Reviews the latest scientific research on Babesia, Ehrlichia, and Anaplasma—Reveals how these three conditions often go undiagnosed, complicate the treatment of Lyme disease, and cause symptoms from headache to seizures—Outlines effective natural treatments with herbs and supplements for specific symptoms and to combat overreactions of the immune system and the inflammation responseHarvard researchers estimate there are nearly 250,000 new Lyme disease infections each year--only 10 percent of which will be accurately diagnosed. One of the largest factors in misdiagnosis of Lyme is the presence of other tick-borne infections, which mask or aggravate the symptoms of Lyme disease as well as complicate treatment. Three newly emergent Lyme coinfections are Babesia, Ehrlichia, and Anaplasma. Tens of thousands of people are known to be asymptotically infected and at least ten percent will become symptomatic this year--with symptoms ranging from chronic headache and arthritis to seizures. Distilling the latest scientific research on Babesia, Ehrlichia, Anaplasma, and Lyme disease, Stephen Buhner examines the complex synergy between these infections and reveals how they can go undiagnosed or resurface after antibiotic treatment. He explains how these organisms create cytokine cascades in the body--essentially sending the immune system into an overblown, uncontrolled inflammatory response in much the same way rheumatoid arthritis or cancer can. Providing an in-depth guide for those suffering from Babesia, Ehrlichia, or Anaplasma infection as well as for clinicians who work with those infected by these organisms, Buhner details effective natural holistic methods centered on herbs and supplements, such as Ashwaganda and Chinese Skullcap, and reveals how to treat specific symptoms, interrupt the cytokine cascades, reduce inflammation, and bring the immune system back into balance. He explains how these natural methods not only complement conventional Lyme disease treatments involving antibiotics and other pharmaceuticals but also provide relief when other forms of treatment have failed.

## Book Information

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## Customer Reviews

Stephen Harrod Buhner's new book, *Natural Treatments for Lyme Coinfections*, is a brilliant follow up of his previous groundbreaking books *Healing Lyme* and *Healing Lyme Disease Coinfections*. This is a must read for medical practitioners and patients, providing a deep understanding of how these microorganisms have evolved and relate to their intricate ecosystems. Stephen insists that it is not possible to successfully treat these evolving microbes without a full grasp of this information. For example, knowing that Babesia requires red blood cells, endothelial cells, and spleen tissues to reproduce and understanding the biochemistry of how this happens allows him to provide a clear roadmap of how to approach treatment properly. This roadmap has not been available until now. Thank you, Stephen! (Neil Nathan, M.D., board certified family physician and author of *Healing Is Possible*) Stephen Harrod Buhner is performing important work in disseminating this information to patients and their clinicians. Many with chronic Lyme suffer from undiagnosed coinfections and would benefit from the entourage effects and herbal synergies of medicinal plants. Relief is available in the natural world, a true alternative treatment, beyond the reach of the medical bureaucracy. (Julie Holland, M.D., author of *Weekend at Bellevue*) In this newest volume of Stephen Buhner's exploration of Lyme and its coinfections, he again excels in presenting an enormous amount of detailed information in a thorough and accessible manner, offering what readers need most in such a tome: the knowledge to make their own informed decisions in addressing these issues. (Jim McDonald, Herbalist)

Stephen Harrod Buhner is the senior researcher for the Foundation for Gaian Studies. He is the award-winning author of 20 books, including *Healing Lyme*, *Healing Lyme Disease Coinfections*, *Herbal Antibiotics*, *The Secret Teachings of Plants*, and *Plant Intelligence and the Imaginal Realm*. He has taught for more than 30 years throughout North America and Europe. He lives in Silver City, New Mexico.

Packaged well, arrived quickly -- thank you! Great book!

Another wonderful reference book by Buhner! Much appreciated. So good to receive great information about coinfections, and how to treat them without antibiotics.

this book is very informative this book combined with Healing Lyme together are the only books you will need to help in your treatment

Stephen Buhner's books are extremely thorough about both the infections themselves as well as treatment.

Vital information in the age of LYME and its near cousins.

Awesome! Stephen Buhner knows his plants. Thanks to the author and his knowledge of medicinal plants I am now making my own tinctures.

Great Book with accurate information

After the snow storms delayed the delivery of my book, I've now got it. I'm only on page 90, but I thought I'd give you my opinion so far. Bare in mind that I have never read any of Buhner's other books but I have poured over his website. First off, if you really want to see how much you don't know about Lyme co infections, read this book. I never took Organic Chemistry or Microbiology in college but my daughter did. She said (after reading 2 random pages) that it was beyond her education level (or maybe interest). That being said, I gloss over many words that are not, nor ever will be in my vocabulary. I'm learning a lot about Lyme's co infections and why/how they invade our cells. Is that important to get well? Maybe. If you like to visualize the treatment you're using, fighting off these little critters, this book will give you a real personal look at the cellular level to help with that visualisation exercise. On page 89 Buhner mentions some of the herbs to help with Babesia.

Problem is, the names are all the Latin ones and not the common ones. Now I have to stop and look them all up. I can see this book is going to take some time to get through. I'm sorry to say that there are very few LLMD's in TN and my GP says that there is no Lyme in our area (yes, I need a new dr.). I've been bit by at least 25 ticks in the past 12 years (I live in a heavily wooded area). I have

been severely debilitated for the past 4 years and DX with Fibromyalgia. I say BS to that and 3 months ago started treating myself for Lyme and Babesia. This book is just one of the tools that I need to be my own doctor. I'm looking forward to learning all I can and getting my health and life back. UPDATE: I am now to the good stuff. I love the in depth details about the herbal plants. And yes, the common names are sited. This book will definitely be turned to many times.

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